SEC For	m 4																	
	FORM	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549													OMB APPROVAL			
Section 16. Form 4 or Form 5 obligations may continue. See				iled pur	ENT OF CHANGES IN BENEFICIAL OWNERSHIP ed pursuant to Section 16(a) of the Securities Exchange Act of 1934											OMB Number: 3235-0287 Estimated average burden hours per response: 0.5		
1. Name and Address of Reporting Person [*] Zecher Linda Kay					or Section 30(h) of the Investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol <u>Tenable Holdings, Inc.</u> [TENB]								Relationship leck all appli X Directo	cable)	10% Owner			
(Last) (First) (Middle) C/O TENABLE HOLDINGS, INC. COLUMBIA GATEWAY DRIVE, SUITE 500					3. Date of Earliest Transaction (Month/Day/Year) 05/28/2020								Officer (give title Other (specify below) below)					
(Street)	21046	4.1	4. If Amendment, Date of Original Filed (Month/Day/Year) 4. If Amendment, Date of Original Filed (Month/Day/Year) 5. Individual or Joint/Group Filing (Che Line) X Form filed by One Reporting Form filed by More than One Person									orting Persor	ı					
(City) (State) (Zip)																		
			le I - Non-Der						<u> </u>		-		-					
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					ear) if	2A. Deemed Execution Date if any (Month/Day/Yea		Code (In	ion Dispose		rities Acquired (A) d ed Of (D) (Instr. 3, 4		Benefici Owned F	es Fe ally (D Following (I)	Form (D) o	: Direct of Indirect E str. 4) 0	7. Nature of Indirect Beneficial Ownership	
				Code	V A			Amount (A) or (D) P		r Price	Reported Transaction(s) (Instr. 3 and 4)				Instr. 4)			
		т	able II - Deriv (e.g.,					uired, Dis s, options					/ Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	ate, Trans Code		5. Num of Deriva Securi Acquir (A) or Dispos of (D) (Instr. and 5)	tive ties red sed 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)		e and	7. Title an Amount o Securities Underlyin Derivative (Instr. 3 ar	f 5 g 9 Security	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transactii (Instr. 4)	e S Ily I	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable		viration e	Title	Amount or Number of Shares						
Restricted Stock Units	(1)	05/28/2020		A		6,677		(2)		(2)	Common Stock	6,677	\$0	6,677	,	D		

Explanation of Responses:

1. Each restricted stock unit ("RSU") represents a contingent right to receive one share of the Issuer's common stock.

2. 100% of the shares underlying the RSUs vest on the earlier of May 28, 2021 or the Issuer's next annual shareholder meeting, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date, and subject to accelerated vesting in specified circumstances.

Remarks:

/s/ David Bartholomew,									
Attorney-in-Fact									

06/01/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.